

mindset x motivation x momentum

# speaker

**SHANNON W. WILLIAMS**

shannonwilliams.com

## Featured Keynote:

### Go Through, Not Around

*The Transformative Power of Facing Hard Things Head-On*

Avoiding challenges feels easier in the moment, but real growth happens when we face them directly.

In this powerful talk, Shannon Williams shares painful experiences and practical lessons that help audiences push through obstacles instead of sidestepping them.

The result? Greater resilience, deeper confidence, healthy change, and lasting success.

Book Shannon for your next event and give your audience the tools to tackle adversity head-on.



## Main Points:

1. Why We Choose Comfort Over Courage
2. How to Reframe Discomfort as a Catalyst for Change
3. The 3 Non-Negotiables for Growth: Acceptance, Action & Accountability

## Other Keynotes:

1. Giving Up Isn't Giving In: Surrender as Personal & Professional Practice
2. Do-Overs & Second Chances (they're for you, too)
3. Walking with A Limp: How Pace, Perspective & Perseverance Work Together

## Areas of Expertise:

Emotional Intelligence in Teams • Personal Brand • Brand Thinking & Culture  
Leadership Development • Change Management • Spiritual Formation

educate x motivate

614.551.3063

hello@shannonwilliams.com